



## Norfolk and Norwich Hospital Cancer Support Services

We know that cancer comes with a lot of questions, here are some services at the NNUH that can provide support, help and answers.

### **Cancer Care Navigators**

- **©** 01603 647175
- cancernavigators@nnuh.nhs.uk
- 0 09:30am to 4:30pm Monday to Friday

Providing support with non-clinical queries for NNUH patients with a cancer diagnosis.

Support is provided using a Holistic Needs Assessment (HNA) including:

- **Practical:** Finance, work, travel, housing, shopping
- Emotional: Uncertainty, worry, fear, anxiety
- Family or Relationships: Partner, children, relatives, friends
- **Spiritual:** Faith, spirituality, culture, beliefs, values
- **Information or Support:** Diet, wellbeing, exercise, physical activity

For further information and to view a HNA please use the QR Code above

#### **Care Hub**

The CARE hub can be found on our website and is for patients, relatives, friends, and anyone affected by cancer to find useful advice, information, and resources to help you through your cancer pathway.











# North Norfolk Macmillan Information and Support Centre

**Cromer Hospital** 

- **Q** 01603 641559
- cromermacinfocentre@nnuh.nhs.uk
- 09:30am to 4:30pm Monday to Friday

We provide support, advice, signposting, and referrals for anyone affected by cancer. We run regular support groups, courses and weekly counselling, and complementary therapies. No appointment needed. Come to the Macmillan Centre at Cromer Hospital, call, or email us for support.

#### **Macmillan Information Pod**

NNUH West Outpatients Level 2

- **0** 01603 647717
- informationpod@nnuh.nhs.uk
- 0 09:30am to 4:30pm Monday to Friday

We provide support, signposting, advice, and referrals at a time that suits you. No appointment needed. You can find us opposite the lifts in The Norfolk and Norwich, West Outpatients Level 2. Or you can call or email for support.





